



## Medications to Stop Before Spinal Injections

**You must get cardiac clearance from Cardiology if you are on any of these medications.**

|                                   |                                                                       |
|-----------------------------------|-----------------------------------------------------------------------|
| Aggrenox (Aspirin + Dipyridamole) | Stop 24 hours before injection                                        |
| Plavix/Clopidogrel                | Stop 7 days before injection                                          |
| Prasugrel/Effient                 | Stop 7 days before injection                                          |
| Ticagrelor/Brilinta               | Stop 7 days before injection                                          |
| Ticlid/Clopidine                  | Stop 14 days before injection                                         |
| Lovenox                           | Stop 12 hours before injection                                        |
| Fragmin                           | Stop 12 hours before injection                                        |
| Innohep                           | Stop 12 hours before injection                                        |
| Arixtra/Fondaparinux              | Stop 3 days before injection                                          |
| Eliquis/Apixabn                   | Stop 3 days before injection                                          |
| Pradaxa/Dabigatran                | Stop 7 days before injection                                          |
| Xarelto/Rivaroxaban               | Stop 2 days before injection                                          |
| Coumadin/Warfarin                 | Stop 5 days before injection with<br>an INR less than or equal to 1.5 |

**You do NOT need to stop any anti-inflammatory medications such as Ibuprofen, Advil, Meloxicam, etc.**

Please do not eat or drink for 4 hours prior to your injection. If you have medication that you need to take before your injection, you may take it with a small amount of water.